



SPA TREATMENT MENU

Professional & Affordable
Spa Treatments

 WWW.SPADURBAN.CO.ZA

SPA PACKAGES

THE ROYAL COUPLE 4 HOURS

- A Glass of Bubbly & A Slice of Cake on Arrival
- Full Body Swedish Massage
- Vhi Brightening Facial with Steam & Extraction
- Skin Polishing Apricot Cream Back Scrub
- Romantic Candle Lit Bath with Rose Petals
- 30mins Foot Massage
- Choice of a Manicure or Pedicure with a Callus Treatment
- A Hydrating Paraffin Dip Treatment for Hands or Feet
- Tea Coffee & Finger Snacks

R1590 Per Couple



DREAMY BLISSFUL PACKAGE 3 HOURS

- Full Body Swedish Massage
- Indian Head, Neck & Shoulder Massage 15mins

& Choose 4 treatments from the list:

- Vhi Hydrating Spa Facial
- Vhi Brightening Facial
- Vhi Under-Eye Lightening Treatment
- Pressure Point Foot Massage 30mins
- Extend Your Full Body Massage by 15mins
- Full Body Dry Body Brushing
- Apricot Cream Back Scrub & Mask
- Express Manicure
- Pamper Foot Treatment- Nail File, Cuticle Work, Massage & Paint
- Invigorating Hand Treatment- Sugar & Lavender Hand Scrub, Soak & Massage
- Invigorating Foot Treatment- Sugar & Lavender Foot Scrub, Soak & Massage

R890 Per Person R1490 Per Couple Add a 3rd Person for R390



COUPLES TREAT 2H 30MINS

- Full Body Swedish Massage
- Pampering Lavender & Sugar Foot Scrub with Callus Treatment
- Pressure Point Foot Massage
- Indian Head, Neck & Shoulder Massage - 15mins
- Refreshing Apricot Back Scrub with A Steam
- Relaxing Candlelight Spa Bath & Wine

R1390 Per Couple

PURE RELAXATION 2 HOURS

- Full Body Massage with Hot Stones on the Back
- Pressure Point Foot Massage
- Indian Head, Neck & Shoulder Massage
- Vhi derma deep facial with steam & extraction

R790 Per Person R1090 Per Couple

SPA MIDWEEK PACKAGES

MUMMY TO BE 1H 30MINS

- Full body pregnancy massage
- Foot smoothie : - Lavender Foot Soak,
 - Sugar Foot scrub,
 - Foot file
- Relaxing Foot Massage

R590 Per Person

COCOON PACKAGE 1H 15MINS

- Full Body Massage with
- Hot Stone On The Back
- Indian Head, Neck & Shoulder Massage 15mins

R490 Per Person R790 Per Couple

SPA SERENITY MONDAY & TUESDAY ONLY

2 HOURS

- Full Body Swedish Massage
- Brightening Facial
- Under- Eye Treatment
- Head Massage while the Mask Sets
- Foot Massage
- Foot Scrub and Soak
- Callus Peel and Foot File
- Paraffin Dip on Feet

R590 Per Person R790 Per Couple

Pay Only R1390 for 4 people

SPA DEAL 2 HOURS

**Book 1
Get 1 Free**

valid Monday to Friday

- Full Body Swedish or Deep Tissue Massage 1hour
- Vhi Derma Deep Facial with Steam & Extraction
- Vhi Lip & Eye Treatment Mask
- Be Pampered with a Head Massage while the Facial Mask Sets
- Pressure Point Foot Massage
- Sugar & Lavender Foot Scrub
- Relaxing Foot Soak
- Nail File & Paint on Feet

R799 Per Person

**Make it Extra Special!
Add on 2 additional
People for only R690**



SPA MIX N MATCH MONDAY & TUESDAY ONLY

2 HOURS

- Full Body Swedish Massage OR
- 1 Hour Back Neck & Shoulder Massage & 2 Spa Treatments From the List:
 - Vhi derma deep facial with steam & extraction
 - Manicure
 - Pedicure with callus treatment
 - Indian Head, Neck & Shoulder Massage-30mins
 - Pressure Point Foot Massage- 30mins
 - Apricot Back Scrub , Steam & Chocolate Back Mask

R590 Per Person



SPA MIDWEEK PACKAGES

CONTINUED

ROYAL PAMPER 2 HOURS

Choose your Massage:

- Full Body Swedish massage
- 1 hour Back and Neck Massage
- 30mins Foot Massage & 30mins Head Neck & Shoulder Massage

& Choose 2 Treatments each from the List:

- Vhi derma deep facial with steam & extraction
- Pedicure with Callus Treatment
- Manicure
- Vhi Brightening Facial
- Apricot Back Scrub & Mud Back Mask

R890 Per Couple



PURE BLISS 3 HOURS

- Delicious tea & muffins served on arrival
- Full Body Massage with Hot Stones On The Back
- Vhi derma deep facial With steam & extraction
- Pressure Point Foot Massage
- Blissful Manicure
- Pampering Pedicure with a callus treatment

R1190 Per Couple

KIDDIES SPA

TOTS & TEENS HIGH TEA 1H 30MINS

- Mini High Tea
- Express Back Massage
- Mini Facial with cucumber slice on the eyes
- Painting for Hands and feet
- Foot Scrub, Soak & Light Massage
- Hand Scrub, Soak & Light Massage

R349 Per Person

MUMMY & ME 2 HOURS

- Swedish Back & Neck Massage
- Relaxing Foot Massage
- For Mum -
- Vhi Hydration Booster Facial
- For the little one -
- Express Facial
- For Mum -
- a choice of a Pedicure or Manicure
- For the little one -
- Foot & Hand Scrub, Soak, Light Massage & Nail Painting

R790 for 2 - up to age 12

**ADD LITTLE ONES (UP TO AGE 16)
R250 PER ADDITIONAL CHILD (MAX 6)**

R890 for 2 - Up to age 16



GROUP PACKAGES

Unwind & spend time with family

**FRIENDS OR WORK COLLEAGUES
WITH OUR CUSTOMIZED GROUP PACKAGES**

SPA PAMPER BREAK **3 PPL**

Choose 3 Treatments Each from the List Below:

- Full Body Aromatherapy Massage
- 30mins Extended Full Body Massage or a Target Area
- Vhi Brightening Facial with Steam
- Vhi Hydration Booster Facial with Steam & Extraction
- Pedicure with callus treatment
- Manicure
- Indian Head & Neck Massage-30mins
- Pressure Point Foot Massage-30mins
- Vhi Lightening Hand or Foot Treatment with Paint-30mins
- Apricot and Geranium Back Scrub, Steam, Extraction & Mask-30mins

R495 Per Person - Minimum 3ppl

OH SO PAMPERED

Choose your Massage....

- Full Body Swedish Massage
- 1 Hour Back Massage

& 3 Spa treats from the list below:

- Vhi Brightening Facial
- Vhi Hydration Booster Facial with Steam
- Pampering Pedicure with callus treatment
- Blissful Manicure
- Indian Head Neck & Shoulder Massage- 30mins
- Pressure Point Foot Massage-30mins
- Back Treatment- Apricot & Geranium Back Scrub,
- Steam, Extraction + Mask - 30mins

R790 Per Person

R1290 Per Couple

Add a 3rd Person for R350

Create Memories at Spa Durban

We host bridal & baby showers, team building and we tailor make packages for your budget contact us on sales@spadurban.co.za for a quote..



REJUVENATE ME **3 PPL**

- Tea & coffee on arrival
- Pastries will be served
- Pressure Point Foot Massage -30mins
- Indian Head Neck &
- Shoulder Massage -15mins

R290 Per Person - Minimum 3ppl



MASSAGE THERAPY



Swedish
Aromatherapy
Deep Tissue
Hot Stone
Back Neck
Foot
Indian Head
Pregnancy Massage

60 mins **R400**
60 mins **R420**
60 mins **R450**
60 mins **R450**
30 mins **R250**
30 mins **R200**
30 mins **R250**
60 mins **R550**

90 mins **R520**
90 mins **R520**
90 mins **R550**
90 mins **R550**
60 mins **R350**



Add Ons

ROMANTIC & RELAXING SPA BATH

With Candles, Rose Petals & 2 Glasses of Bubbly

R290 Per Couple

Choose any 1 add on from the list:

- Hot Stone on the Back
- 15min Extension to Back or Full Body Massage
- Steam & Extraction to any Facial
- Refreshing Back Scrub
- Specialized Muscle Ease Massage Oil

R50 Each

BODY SPA THERAPY

BODY EXFOLIATION & MOISTURIZING 30MINS

This is a prep treatment to rid the body of dry, dead skin cells, leaving your skin soft, smooth and renewed.

R250 Per Person



BODY WRAP TREATMENTS 30 TO 45MINS **R450 each**

Includes Dry Body Brushing

Vhi Skin Tightening Body Wrap

The perfect treatment for aging skin, post pregnancy & post weight loss. Rich in Papaya Enzymes, Hyaluronic Acid, Vitamins E plus our unique Tightening and Firming Complex

Chocolate Body Wrap

This anti-oxidant rich wrap, deeply moisturises skin & the relaxing aroma of coco gently relaxes your senses

Vhi Skin Brightening Body Wrap

This wrap has a combination of Fruit Extracts, Vitamins & Shea Butter. Brightens Skin & Improves Skin Texture

Detox Clay Wrap

Rich in natural minerals to gently detox & refresh, tired skin & muscles

Vhi Hydrating Body Wrap

Rich with Argan Oil from Morocco, Vitamins and Botanical Extracts. this Wrap leaves skin deeply moisturized, radiant & healthier skin

WAXING & THREADING

Lip, Chin, Brow
Tinting Brow or Lash
Full Face
Underarm
Bikini Line
Brazilian
Hollywood

R40 each
R40 each
R200
R100
R120
R200
R250

Half Arm
Full Arm
Half leg
Full leg
Shoulder & Upper Arm
Chest
Back

R100
R120
R150
R180
R150
R180
R200

HAND & FOOT TREATMENTS

Express Manicure Or Pedicure
Spa Manicure or Spa Pedicure
Hand Or Foot Treatment
Lightening Foot/Hand Treatment
Re-Varnish & File
French Paint
Soak Off
Gel Paint with Cuticle Work
Gel Paint

R220 30 mins
R290 60 mins
R180 30 mins
R180 30 mins
R80 15 mins
R80 15 mins
R50 15 mins
R180
R100



BEAUTY THERAPY



All Facials include steam

Pigment Clear

Combat pigmentation and reveal a radiant glow.

R390 - 45mins

Glow-Up Facial

Get your glow on with refined & luminous skin.

R390 - 45mins

Derma Deep Cleanse

Energize, polish, & deeply purify your skin.

R390 - 45mins



Age-less Facial

Brighten, tighten, and rejuvenate for youthful-looking skin.

R390 - 45mins

Hydra-Boost Facial

Plump, nourish, and deeply hydrate your skin for a luminous finish.

R390 - 45mins

Vhi Under-Eye Treatment

Target dark circles, fine lines, and fatigue for refreshed eyes.

R250 - 30mins

R150 can be added to any facial

Made in South Africa "Vhi is skincare at its finest." All our products are Cruelty free and contain: No Parabens No Sulphates No Hydroquinone No Mercury, Steroids or other harsh bleaching substances
No artificial fragrances or colours

AESTHETIC TREATMENTS - FACE

Vhi Progressive Peel

30-40 mins

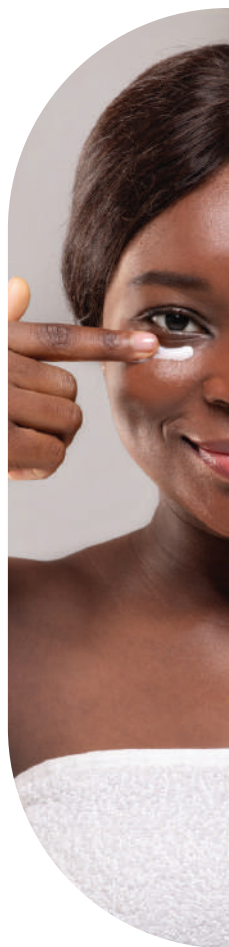
A mineral rich chemical peel combines resurfacing and brightening activities to address multiple skin concerns.

Recommended for:

- Pigmentation & dark marks
- Uneven skin tone
- Fine lines & wrinkles
- Superficial scars
- Facial skin laxity
- Skin needing refinement

Get your glow up with a Vhi Peel.

R450 per session



AESTHETIC TREATMENTS - BODY

VHI CALLUS TREATMENT **60 MINS**

Remove Callus & hard skin from under feet. Includes a Full Pedicure with Painting

Treats:
· Callus
· Hard Dry Skin on the feet

R290 Per Treatment

VHI BODY PEEL **45 TO 60 MINS**

Instantly reveal smoother, softer & brighter skin on your body. This professional treatment contains a Multi-Acid Complex, Enzymes & Botanicals Complex to give skin a new healthy glow in just one use.

Treats:
· Pigmentation
· Sun damage
· Scars
· Stretch marks
· Uneven skin tone
· Pimple

R495 Per Treatment

Course of 4 R1790

SWISS SLIMMING BODY WRAP **30 – 45MINS**

This Amazing Wraps Works by Reducing centimetres & contouring the Hips, Butt, Thighs, Arms, Love-handles, Bra Area & Back.

Treats:
Fatty Deposits, Flabby Tummy, Cellulite, Water Retention, Aids in Centimetre Loss
Improves Tightness & Firmness of the Skin, Improves the Appearance of Stretch Marks

Add on any of these Spa Treatments while you wait @ R100 each:

Full spa facial with steam & extraction & Head Massage-1hour

Full spa Manicure or Pedicure-1hour

30mins Head & Neck Massage

R450 Per Area **Course of 6 R2390**

SLIMMING CHILI AND GINGER WRAP **45 TO 60 MINS**

Give your body a boost with this detoxifying wrap!

Ginger root and chili extracts, together with a blend of 9 essential oils have a warm and nourishing effect on the skin, all while detoxifying, stimulating lymph drainage and, as an added bonus, helps with body contouring and slimming. This wrap is paired with dry body brushing to enhance the detoxing effects

R450 Per Target Area **Course of 6 R2390**





LOYALTY BENEFITS

Receive More at Spa Durban.

We appreciate you. Our award winning loyalty rewards benefits are custom designed to give you more

Benefit 1: Spa Discounts

- Receive 5% Off our Spa Treatment
- Receive 25% off Spa packages when you book Monday to Thursday between 8:00 AM and 10:00 AM

Benefit 2: Spa Backs Menu

- Cash Back Coupons, SpaBacks Can Be Used to Discount any Treatment or Product, Any Day of the Week
- Earn SpaBacks with Every Treatment / Product & Earn Extra when you Visit The Royal Hotel.
- Earn Double Spa Backs Every Monday & on Double SpaBacks Days
- Your SpaBacks Balance is Displayed on your Purchase Receipt & SpaBacks Do Not Expire.

Benefit 3: Spa Points

- Points Give You Complimentary Spa Treatments(Rewards)
- Earn Points with Every Treatment/Product/Voucher-R1=1 Point
- Points Continue to Grow until You're Ready to Claim a Reward. Even if You Redeem SpaBacks, Your Points Continue to Grow
- You Will Receive Email of Points Earned and Treatments (Rewards) unlocked
- Earn Extra Points By Referring Family & Friends

Benefit 4: Spa Love Coupons

Just because we love & appreciate you

- Receive a special treat from us on your birthday
- Add your birthday to your profile on Facebook or on the Check Rewards Tab on our website
- Receive Monthly "Add-on" Complimentary Treatments

For any questions, comments or to join our rewards programme enquire in spa or contact us on sales@spadurban.co.za

Loyalty Terms and Conditions

- Kindly note that all benefits are valid only after your first visit.
- Benefits are only awarded to profiles with valid email addresses.
- Each coupon is on valid according to its specified terms.
- Benefits are subject to change without prior notice from the spa.
- Only one loyalty benefit to be redeemed per visit.
- Each loyalty benefit comes with its own terms and condition.

SPA POLICY

Spa Policy/Booking Terms

- Please be advised that appointments are subject to availability.
- If you have made a deposit, partial or full payment and the booking is cancelled – the payment can be taken as a gift voucher if the correct cancellation terms are met. Refunds have a R50 admin fee.
(Gift Vouchers are valid for 3 years)
- You may cancel your booking by giving us written notice via email. In the event that the booking is cancelled, a reasonable cancellation charge will be levied as following:
 - 2 Days Prior to the date of the booking : 50% cancellation fee.
 - 1 Day Prior to the date of the booking or on the day cancellation (no shows included) : 100% cancellation Fee.
- Please note that the Hotel is a separate entity. You will be subject to the Hotels Terms & Conditions for all Reservations booked by Fleur De Lis Spa on your behalf.
- Any meals ordered, which is not part of your treatment, must be settled directly with the hotel.
- Kindly note that bookings on weekends, public holidays or peak seasons will require a deposit.
- All bookings which are longer than 2 hours, or booking for 3 or more people, will require a deposit.
- Please note that late arrivals will be billed in full whilst reduced treatment time will apply.
- Specials can change without prior notice

Spa Etiquette

- Please be punctual for your appointment and arrive early.
- Please feel free to give your therapist feedback. Let her know if you have any special needs or disabilities so that your visit is comfortable.
- Please keep in mind that you are in a professional spa environment and will receive the treatment/ spa service you booked for.
- You may communicate your preferences during treatments so that adjustments can be made.
- Please be considerate and ensure that your cell phone is not on so that you, and the other clients, can enjoy the peaceful experience.
- Please do not leave children unattended for safety reasons.
- Tips are optional.
- Please do not bring food/ refreshments into the treatment area
- Specials can change without prior notice

📍 Musgrave

📞 031 826 8228
✉ info1@spadurban.co.za
📞 whatsapp: 064 655 7989

📍 Umhlanga

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📍 Skye Hotel

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📍 Royal Hotel

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📍 Hillcrest

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